

## The Zen Night

An alternative to a Hen Night that can be enjoyed by young and old.

Dive into a serene and enchanting evening with
Saoirse Ceremonies' Pre-Wedding "Zen Night" held in
the comfort of your own home or a venue\*.
It features a heart-opening cup of cacao, calming
guided meditation, Rahanni healing energy, and
insightful divine message cards. The experience will
be enhanced with well wishes & intention setting for

the bride

Along with a very special keep sake created by the group. The evening will include a gorgeous candle lighting ceremony, symbolizing unity and illuminating the bride's path to a joyous married life. This unique and soulful celebration promises an unforgettable night of peace, love, and connection.

Book now to ensure a memorable pre-wedding experience.

\*Smaller intimate groups of up to 10 people can be catered for in a home environment larger groups can also be catered for once space is not an issue.

External venues are also an option and can be discussed upon booking.

## Zen Night Structure

A warm welcome awaits your guests as they are offered a cup of ceremonial cacao as we gather around a sacred circle adorned with flowers & candles.

We will set our intention for the evening and enjoy the feminine energy brought into the circle.

Each guest will light an individual candle from a central candle in the circle as a symbol of the light and love that surrounds the bride on her journey into married life,

We will begin to craft our keepsake for the bride by writing a few words of wisdom or well wishes for her future.

These wishes will be put together at the end of the ceremony as a keepsake for the bride such as a wish jar or affirmation booklet.

You will then enjoy a guided meditation using healing energy before we close the space and express our gratitude to all of the guests for their presence & positive energy.

## Enhancements

There are a wide range of enhancements that can be added at no extra cost these may include.

Fingerprint Tree A Wishing Tree Time Capsule

The only limit is your imagination

Items for extra enhancements are not provided\*

## Whats Provided

Provided in the cost

Cacao Candles 3 hour Holistic Ceremony

Pricing

Pricing starts at €350 for counties

Kildare

Meath

Dublin

Offaly

Westmeath & West Wicklow

A Supplement of €5 per person will be added for all groups over 20

Nationwide Pricing Available upon request